

Cycling is fun, efficient, easy... and safe if you watch out for all other traffic at all times and follow a few rules. The system of traffic control and, more importantly, the motorists themselves, take cyclists into account and accidents are rare.

Use the bicycle lane or track on the right-hand side of the road, marked out by white lines and bike symbols. Do not cycle on footpaths, shopping streets, pavements and motorways. You must walk in front of Central Station and down the Leidsestraat as well. Stationsplein, Leidseplein, Rembrandtplein and Waterlooplein are cycle-free areas.



Always give right of way to taxis, trams and buses. Yield to all traffic approaching from the right, unless otherwise indicated. This also means that traffic from your left-hand side should give you right of way. But this shouldn't be taken for granted.

Do not behave like many people hurrying through Amsterdam, by not giving right of way, charging through red lights or cycling through pedestrian areas. Stop for red (cycle) traffic lights. Always follow instructions given by the police. Disregarding the rules could cost you a fine of 50 euros.

Never leave your bike unlocked. Always lock your bike to something unmovable, preferably a bike rack using two locks: one through the back wheel and one around the frame through the front wheel. Don't park your bike in front of Central Station or on Dam Square. Do not leave anything behind on your bicycle.



Stop for red (cycle) traffic lights.

Watch out that your wheels don't get stuck in the tram rails - you have to cross them at a steep angle.



Indicate before changing direction: look behind you and put out your arm if you intend to turn a corner. If it is busy, get off at the curb and walk across the road.



Do not lift anyone on your bicycle.

Turn on your headlight and tail light after dark.



Stay alert and watch out for other traffic.

If you have a flat tyre, head for the nearest bicycle shop ('fietsenmaker') or simply ask someone for a bicycle pump ('fietspomp').



We hope you have great fun exploring Amsterdam by bicycle!



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MacBike. Complete service in sale, rental and repair of bicycles, daily from 9.00-17.45. Tel: +31 (20) 620 09 85. info@macbike.nl / www.macbike.nl

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How to cycle safely in Amsterdam